There's this amazing reassurance with just knowing that I'm in housing that's for LGBTQ people. Now I'm somewhere safe, now I'm somewhere where I'm validated, now I'm somewhere where I feel supported and empowered.

40% of youth experiencing homelessness in DC identify as LGBTQ

Smyal is the largest LGBTQ youth housing provider in the region

This quarter, Smyal launches 2 new housing programs

**Rapid Rehousing**

Designed for youth who are ready to take that next step towards independence, Rapid Rehousing helps youth sign their own name to a lease on an apartment with Smyal there to provide financial subsidies and case management support.

**Healthcare and Housing**

This transitional housing program ties healthcare and housing together to reduce negative health outcomes and decrease homelessness. Data collected by the Department of Health will be used to help shape housing policy across the country.

This latest expansion almost doubles the size of Smyal's housing program, allowing us to serve more youth with a broader range of services.
THERE IS NO SINGULAR PATH INTO HOMELESSNESS AND NO ‘ONE-SIZE-FITS-ALL’ PATH OUT

SMYAL’s 5 housing facilities and 4 programmatic models allows us to meet the unique needs of LGBTQ youth experiencing homelessness while tailoring services to the individual needs of each resident.

SMYAL’s YOUTH HOUSING THROUGH THE YEARS

<table>
<thead>
<tr>
<th>YEAR</th>
<th>EXPANSION</th>
<th>TOTAL # OF PROGRAMS</th>
<th>TOTAL # OF BEDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2017</td>
<td>SMYAL’s First Transitional Housing Program Opens</td>
<td>🏠</td>
<td>12</td>
</tr>
<tr>
<td>2019</td>
<td>A Second Transitional Housing Program is Opened</td>
<td>🏠胚胚胚胚embryo</td>
<td>26</td>
</tr>
<tr>
<td>2021</td>
<td>'Roman's House', an Extended Transitional Housing Program, Opens</td>
<td>🏠胚胚胚胚胚embryo</td>
<td>38</td>
</tr>
<tr>
<td>2022</td>
<td>SMYAL Launches a New Rapid Rehousing Program and Housing Partnership with DC DOH</td>
<td>🏠胚胚胚胚胚胚胚胚胚胚embryo</td>
<td>60+</td>
</tr>
</tbody>
</table>

"A resident in our Extended Transitional Housing is being considered for SMYAL’s new Rapid Rehousing program, which means that they have been able to increase their independence so much that they are going from our highest-needs program to our most independent program in just a few months."

-Elly Bludworth, Director of Youth Housing
70% of LGBTQ youth stated that their mental health was "poor" most of the time or always during COVID-19.

48% of LGBTQ youth reported they wanted mental health counseling but were unable to receive it in the past year.

Smyal is closing these gaps by providing affirming, accessible, and empowering mental health counseling for queer & trans youth.

25 youth access mental health services through Smyal that number grows every day.

"We have been working with a mom whose child has been experiencing extreme depression and anxiety surrounding their identity but struggled to find an affirming therapist. Therapists were either completely full or were unable to truly provide a safe space for her child. After only a few weeks of being connected to Smyal, she saw a difference in her child’s mental stability where they were able to express their feelings in a space that did not make them feel shameful or guilty for being who they are."

-Brittni Dash, MSW, LICSW, New* Director of Clinical Services

*Smyal welcomed Brittni to the team at the beginning of January 2022.

Thank you to the ongoing support of Smyal’s Clinical Services Department from the Kiwanis Club of Washington, D.C.
This quarter, SMYAL led over 10 trainings and workshops designed to aid youth-serving professionals, community partners, and corporate sponsors in supporting the LGBTQ youth in their lives.

SMYAL’s LGBTQ Services Navigator in Montgomery County, Maryland has led workshops on:

- Creating Affirming Spaces
- Cultural Humility and Competency
- Supporting LGBTQ Youth for Parents
- Trauma Informed Care

Also this quarter:

80 families from across the country are signed up for Little SMYALs

9 Little SMYALs families attended Pride Night at the Washington Wizards

Since January, there have been 290 youth interactions during virtual drop-in programs.