

THURSDAYS | **MAY 5 - JUNE 30** | **5:30** pm

LGBTeens Support Group

LGBTeens is a 9-week LGBTQ group for middle school aged individuals who are exploring gender identity, gender expression, and sexual orientation. LGBTeens focuses on providing a safe space for youth to explore their thoughts and feelings around gender identity, expression, and sexual orientation. All groups are hosted virtually, except a final in-person session on June 30th.

To sign up, email <u>clinicalservices@SMYAL.org</u> with your full name, contact number, & grade level

To learn more about SMYAL's affirming mental health counseling, visit <u>SMYAL.org/ClinicalServices</u>

If you are a School Counselor or other service provider making a referral, email the youth's full name, email address, contact number, and grade level.

Are you...

Middle-school aged?

Looking for a safe space?

LGBTQ or questioning your identity?

Ages 11-13

For questions, please call (703) 848-5763

