

IMPACT REPORT JANUARY-JUNE 2023



SMYAL by the Numbers



Housing

Opened in Spring 2022, SMYAL's Rapid Re-Housing Program is at **full capacity** providing financial and case management support to **20 residents** who have been connected to their own apartments.



Workshops and Trainings

SMYAL offers workshops and trainings for youth and adults! Since the beginning of 2023, **over 240 youth and adults** have participated in healthy relationship workshops, cultural competency trainings, and GSA support!



Mental Health

This Spring, SMYAL hired a **Play Therapist** to serve youth ages 6-12. **78 youth** are currently receiving mental healthcare through our individual therapy programs.



Street Outreach

SMYAL launched a **bilingual street outreach program** to better serve Spanish-speaking LGBTQ+ youth in September 2022. Since then, the program has provided support to **95 youth**!



Capital Pride

Over 60 youth and their families joined SMYAL to march in the Capital Pride Parade! (Photo Above)



Little SMYALs

Little SMYALs continues to be **one of the only outlets in the country for LGBTQ+ youth under the age of 13**, providing affirming programming to over 30 youth in the DMV area and beyond.

Housing

In February, SMYAL Executive Director Erin Whelan participated in a panel for Black HIV/AIDS Awareness Day featuring high-level officials from the White House, U.S. Department of Housing and Urban Development (HUD), and D.C. Department of Health. After the panel, officials visited **SMYAL's demonstration transitional housing program which is a structural intervention to HIV/AIDS prevention and provides housing to 8 men-who-have sex-with-men.**



Youth Development & Community Engagement

SMYAL IS A PROUD MEMBER OF THE 2023-2024 **KENNEDY CENTER CULTURE CAUCUS**

In May, we hosted **Glitz & Glamour**, a dance party for queer and trans youth in partnership with the Kennedy Center's Culture Caucus and DC Black Pride. This was the first of four events that SMYAL will host at the Kennedy Center!



Over 70 youth came decked out in their best queer formal, danced the night away and enjoyed performances by local young drag performers!



"Camp is at full capacity this year, **welcoming over 40 campers and 12 junior counselors** for a week of fun, games, songs, crafts, science, skits, **LGBTQ+ history, friendships, and community**. This year's theme was **'Marvelous Monsters and Gender Joy'**- an invitation for youth to face the monsters of dysphoria head-on and build a creative, joyful identity of their own."

- Ty Kitchen, Little SMYALs Program Manager

This summer SMYAL teamed up with **Camp Free2Be** to host a week long day camp for transgender, nonbinary, and gender-expansive youth ages 6-14.

Camp Free2Be offers a safe, affirming space for the youngest youth in our community where they can be their full authentic selves.



U.S. Surgeon General Dr. Vivek Murthy visited SMYAL'S Youth Center

Dr. Murthy met with program participants and clinical staff to gain insights into the loneliness and isolation faced by LGBTQ+ youth. Youth spoke passionately about the wave of anti-LGBTQ+ legislation spreading across the country and pressed Dr. Murthy to take further action to advocate on their behalf.



Thank You Sponsors & Partners

Arnold Family Foundation
Arnold Foundation
Bates White Economic Consultants
Bryce Space and Technology LLC
Busboys & Poets
Cafritz Foundation
Capital Group
Capital Rainbowlers
CareFirst
Centaur Motorcycle Club of Virginia
Danaher Foundation
DC Brau
DC Pride Run
Downtown Jaycees
Dupont Social Club
Fairlington United Methodist Church
Giant Food
Gonzaga College High School
Graham Holdings
Hattie M. Strong Foundation
Jacquemin Family Foundation
Kiwanis Club of Washington, DC
Monumental Sports & Entertainment Foundation
Moser Family Foundation
NATCA Charitable Foundation
Onyx Mid-Atlantic
Pew Charitable Trust
Rogue Cornhole
Rogue Darts
Shepherd Mullin
Stonewall Bocce DC
Stonewall Kickball DC
Tatte Bakery
The Driver Foundation
The John F. Kennedy Center
Tishman Speyer
Washington AIDS Partnership
Washington Spirit
Wiley



empowering LGBTQ youth

Clinical Services



Mosaic Support Group

In the first half of 2023, **SMYAL launched a new support group for parents and caregivers of LGBTQ+ youth!** Mosaic is facilitated by SMYAL therapists and designed to destigmatize LGBTQ+ identity and provide caregivers with the tools to support their children.

School Based Group Therapy

SMYAL's therapists and youth fellows are co-facilitating two separate 10-week groups that average **15 students** each at Duke Ellington High School with the goal of expanding to more schools in the future. Therapists provide psychoeducation; facilitate conversations around topics such as gender identity, sexuality, healthy relationships, coming out; and building community with other LGBTQ+ youth.